



VELVET

MODERN ELEGANCE
MEETS EARTHY LUXURY

VELVET

Follow the wind chimes transcending the spiral staircase to Velvet Spa, where you are invited to craft your own sensory spa story. Here you will feel the power of clean and respectfully harvested ingredients in the experiences we have curated to nourish your skin and relax your muscles, while revitalizing your mind and soul.

CHAPTER ONE

Aromas have the power to evoke deeply personal memories, transporting us to special moments or places. Your journey at Velvet begins with choosing from a collection of six distinctive scent blends, which will be artistically integrated into your treatments. If you prefer, you may opt for our unscented product line. We will present you with a vial of your selected blend at the end of your experience, allowing you to carry the essence of your time with us wherever life takes you.

Choose From:

EARTH

Strengthening & Grounding

FRESH

Soothing & Cleansing

MANDARIN

Warming & Invigorating

OOLONG

Balancing & Energizing

ORE

Euphoric & Stimulating

SUN

Comforting & Calming





TRADITIONAL MESSAGES

Take a moment to listen to your body with one of our time-honored massage therapies. At Velvet, we offer the opportunity to personalize these treatments, enhancing your experience. Select from a soothing Swedish Massage or a therapeutic Deep Tissue Massage for the following options.

Classic Swedish

60 minutes \$210 | 90 minutes \$315

Deep Tissue

60 minutes \$230 | 90 minutes \$335

Nourishing

Cashmere oil deeply nourishes and restores the skin, while a blend of biodynamic flower essences soothes the nervous system, fostering a sense of tranquility, balance, and joy.

Ageless

The perfect fusion of skincare and massage. A rich, hydrating quench concreta revitalizes the skin, while promoting balance for both your physical and emotional well-being.

Immunity Boost

A deeply moisturizing massage featuring shea, immunity-boosting peptides, and probiotics to revitalize your overall wellness, rejuvenating skin, body, and spirit.

SPECIALTY MESSAGES

These massages incorporate specialized tools and techniques designed to target specific areas and cater to your individual needs.

Performance Refresh

60 minutes \$250 | 90 minutes \$355

Unlike a deep tissue massage, this sports-focused treatment targets specific pressure points. Arnica and warm stones are strategically applied to help release muscle tension and toxins, enhancing flexibility and improving performance.

Ancient Salt Stone

60 minutes \$230 | 90 minutes \$335

Warm salt stones are gently massaged across your body to ease muscle tension. This calming treatment not only nourishes your skin but also guides your mind into a deeply peaceful state.

Adventurist Ritual

30 minutes \$125 | 45 minutes \$180

After a day of adventure, indulge in a relaxing foot soak, followed by reflexology for the legs and feet to rejuvenate your body and mind. Enhance your experience with a soothing, hydrating hand treatment for the ultimate relaxation.

VELVET BODY TREATMENTS

Velvet Spa's body treatments are thoughtfully crafted to enrich the sensory experiences unique to Sedona.

Desert Dreams Cleanse

60 minutes \$220 | 90 minutes \$325

After sun-soaked days in Arizona, your skin will cherish this mineral-rich body treatment. A warm, nourishing oil is applied, followed by a gentle exfoliation using shea butter infused with sugar and salt to refresh and reveal your skin's natural glow. A deeply hydrating quench concreta is then massaged into dry areas, leaving your skin soft and protected.

Hair & Scalp Rejuvenation

30 minutes \$130 | 45 minutes \$185

Experience a calming hair and scalp treatment crafted to deeply hydrate, nourish, and revitalize both your hair and scalp while promoting total relaxation. The journey begins with a gentle detangling of your hair, followed by an oxygen-infused foaming shampoo. Your therapist will then apply a rejuvenating rosemary rinse that stimulates hair growth and boosts shine. The treatment ends with a blissful scalp massage using warm jojoba oil to deeply condition and replenish both the hair and scalp.

Sedona Sacred Clay Wrap

90 minutes \$325

Revitalizing red desert clay is softly applied onto your skin, awakening your senses. Cocooned in a cozy, warm blanket, you will unwind while enjoying a relaxing hand and foot massage. This treatment uplifts your spirit, leaving you in a state of deep relaxation, as a hydrating quench is applied to rejuvenate your skin and enhance your mood.

Timeless Body Wrap

60 minutes \$220 | 90 minutes \$325

Luxurious shea butter, combined with age-defying paracress extract, is melted and spread onto your body with long, soothing strokes. As your body is wrapped in warmth, enjoy a calming scalp and neck massage infused with biodynamic flower essences, promoting peace of mind and relaxation. You can opt for either a dry or warm oil treatment for your scalp.

Ultimate Bliss

90 minutes \$345 | \$395 (CBD)

Indulge in a state of elevated relaxation, hydration, and rejuvenation with this tailored quench experience. This luxurious treatment includes an exfoliating scrub, hydrating wrap, scalp and neck massage, and a full-body massage. The shea butter-infused treatment restores and heals every part of your body, elevating your sense of well-being.

*90 minute versions of our body treatments include
30 minutes of massage

VELVET

ANTARA FULL-SPECTRUM CBD TREATMENTS

Our CBD wellness offerings are tailored to address your unique health and well-being goals. Using the highest quality full spectrum CBD products, our treatments can help you achieve better sleep, alleviate pain and stress, reduce inflammation, or boost your overall vitality.

Harmony Massage

60 minutes \$270 | 90 minutes \$375

Rebalance your body with this soothing CBD and arnica-infused treatment that relieves muscle tension, soothes the skin, and helps you unwind for a peaceful night's sleep.

Age-Defying Massage

60 minutes \$270 | 90 minutes \$375

Experience the combined benefits of CBD and age-defying biodynamic plant extracts to hydrate and rejuvenate your skin, leaving it looking youthful and refreshed.

Relief Massage

60 minutes \$290 | 90 minutes \$395

Relieve discomfort across the body, with special attention to a sore back, joints, hands, and feet, using the soothing warmth of arnica, cayenne, and CBD to prepare you for your next adventure.

Balance Wrap

60 minutes \$280 | 90 minutes \$385

After a sun-filled hike, this CBD and arnica-infused wrap helps the body recover by easing muscle fatigue, soothing the skin, and promoting harmony for both body and spirit.

Hand & Foot Reset

45 minutes \$198

Sedona's activities can leave you in need of relief—this soothing CBD treatment begins with a warm foot soak, followed by a nurturing hand and foot massage to replenish hydration and leave you feeling rejuvenated.



FACIALS

Each facial is thoughtfully personalized to your skin's changing needs, combining expert care, innovative techniques, and clean, effective ingredients to restore balance and unveil a healthy, luminous complexion.

Essential Facial

60 minutes \$220 | 75 minutes \$255 | 90 minutes \$285

This rejuvenating facial enhances your skin's natural glow using potent botanical ingredients. A gentle enzymatic exfoliation and sonic dermabrasion reveal a radiant complexion, while a customized mask addresses your skin's unique needs. Leave feeling nourished and luminous. This facial can be enjoyed by expectant mothers in their second trimester.

Gentleman's Facial

60 minutes \$220 | 75 minutes \$255 | 90 minutes \$285

Designed to meet the specific needs of men's skin, this facial deeply cleanses, nourishes, hydrates, and restores your skin for a refreshed and healthy appearance.

Sculpting Facial Massage

45 minutes \$180 | 60 minutes \$210

This unique treatment begins with a deep cleanse, followed by several therapeutic techniques, including cupping, gua sha, and sculpting massage. The session concludes with rejuvenating serums and moisturizers, leaving your skin glowing with vitality.

Enhanced Facial

60 minutes \$230

Targeting specific skin concerns, the Enhanced Facial uses advanced technology to combat signs of aging and environmental stress. A natural acid peel gently exfoliates, unveiling fresh skin, while LED-light therapy restores balance and promotes healing. Enjoy youthful, radiant skin after this treatment.

NanoInfusion Facial

75 minutes \$265 | 90 minutes \$290

Using cutting-edge nanoneedle technology, this facial resurfaces the skin and stimulates collagen production. With 81 microscopic tips, it delivers healing botanicals deep into the skin, improving fine lines, wrinkles, hyperpigmentation, and overall skin tone for visible results without any downtime.

AcuGlow™ Facial

60 minutes \$240 | 75 minutes \$270 | 90 minutes \$295

Indulge in the ultimate luxury with the AcuGlow™ Facial, where advanced technology meets ancient Gua Sha and facial cupping techniques to sculpt, tone, boost collagen, and enhance radiance. LED light therapy completes this rejuvenating treatment, leaving skin brighter, firmer, and glowing. Suitable for expectant mothers in their second trimester.

Auric Facial

90 minutes \$295

IBlending ancient rituals with cutting-edge technology, this transformative facial sculpts, tones, detoxifies, and resurfaces the skin for immediate, radiant results. Using TOMA's signature bian stone, facial cups, Rainbow LED light therapy, and advanced microscopic resurfacing technology, it stimulates collagen production while improving fine lines, wrinkles, hyperpigmentation, and overall skin tone—all with no downtime.



ENERGETIC EXPERIENCES

Aligning with the body's energy pathways can lead to a deeply transformative experience. Our skilled team is excited to guide you through this unique wellness journey or help deepen your existing energy-balancing practice.

Energy Exploration

90 minutes \$320

This experience is perfect for those curious about energy work but not yet ready to commit to an entire treatment. You will begin with a soothing massage, then seamlessly transition into cranial sacral therapy and/or reiki energy work at key points to rejuvenate both your body and energy.

Celestial Chakra

60 minutes \$220 | 90 minutes \$325

A deeply transformative treatment that blends sound bowls, aromatherapy, crystals, and gentle energy work to realign your senses, bringing balance to your seven chakras. The 90 minute experience begins with 30-minutes of massage.

Natural Flow Reiki

60 minutes \$215

Reiki is a healing practice designed to activate the body's natural healing abilities by promoting optimal energy flow. With a light touch on specific areas, or without physical contact, energy is guided to open pathways, leaving you feeling rejuvenated and lighter.

Cranial Sacral

60 minutes \$215

This calming treatment uses gentle pressure on the head, spine, and sacrum to release blockages and promote the healthy movement of fluids through the central nervous system. As energy pathways realign, you'll experience reduced pain and a release of built-up tension. Weather permitting, reiki and cranial services can be performed on your atrium rooftop for an additional \$105 per person.

SOUND JOURNEYS

Sound healing is an ancient tradition that harnesses the transformative power of sound. Our sound journeys use the resonant vibrations of Himalayan singing bowls to promote healing, restoring both physical vitality and spiritual harmony

Harmonic Alignment

60 minutes \$220

Immerse yourself in profound relaxation through a full-body vibrational healing session. This personalized sound therapy uses hand-hammered singing bowls placed directly on the body and around your energy field. Working at a cellular level, it calms the nervous system and restores harmony. The gentle vibrations of the bowls help guide the mind into a deep meditative state, fostering intense relaxation and rejuvenation.

SOUND JOURNEYS CONTINUED

Vibrational Journey

90 minutes \$325

A truly rejuvenating experience blending massage and sound healing. Begin with a 60-minute full body massage to release tension, followed by 30 minutes of vibrational sound therapy. Singing bowls placed on the body and around the energy field emit soothing waves of resonance, calming the mind, restoring energetic balance, and fostering a deep sense of well-being.

Sound and Body Synergy

30 minutes \$120

Add a 30 minute sound journey to any other massage or body treatment. Create a harmonious experience for you and your partner during any couples experience as well.

MAMA TO BE SERVICES

This curated selection of services is thoughtfully crafted to support the physical and emotional well-being of Mama-to-Be throughout this beautiful journey.

Note: Must be in at least the second trimester to experience these treatments.

Babymoon Massage

60 minutes \$230 | 90 minutes \$335

This soothing massage targets the discomforts of pregnancy, offering relief from aches and pains. Our specially trained therapists use a cushion system designed for maximum comfort during your experience. The treatment includes the application of our hydrating, healing, and firming Unscented Concreta in targeted areas to help minimize the appearance of stretch marks.

Babymoon Body Polish

60 minutes \$240 | 90 minutes \$345

A warm, organic oil application is followed by a gentle exfoliation with shea butter infused with sugar and salt, restoring radiance to tired skin and revealing your natural glow. A deeply nourishing balm is applied to hydrate and protect the skin, preventing stretch marks. This 90-minute experience includes a 30-minute massage for added relaxation.

Babymoon Foot Ritual

30 minutes \$135

Relax and unwind with a soothing foot soak enriched with ultra-moisturizing shea butter, Epsom salts, and arnica to alleviate tension and swelling. A gentle sugar and salt shea butter foot polish exfoliates dry skin, followed by the application of a hydrating butter balm to leave your feet soft and rejuvenated.

Babymoon Delight

90 minutes \$345

The ultimate indulgence for Mama-to-Be! This luxurious experience starts with a warm foot soak and gentle exfoliation to ease sore and swollen feet. Then, enjoy a relaxing organic shea butter and healing massage to ease body tension and refresh the skin. This retreat also includes a gentle application of our Concreta, helping to reduce stretch marks and soothe the dry, itchy skin.



SPECIALTY OFFERING

Imagine the ear as a canvas, dotted with over 200 acupressure points that hold the key to unlocking your body's natural harmony. Inspired by the ancient practices of Chinese medicine, the application of Ear Seeds offers a path to holistic healing. These small, powerful seeds have the potential to address a range of issues—from persistent pain and sleepless nights to weight management, migraines, and emotional or mental challenges.

Ear Seeds

Your therapist will gently place tiny Ear Seed gems on your ear, each positioned with precision to target your specific concerns. These shimmering symbols of wellness not only serve a purpose but also add an elegant touch, like nature's own jewelry. Providing ongoing acupressure and relief, they stay with you for 2 to 5 days, silently supporting your journey to well-being.

Add to Any Velvet Treatment

\$25

Enhance your treatment with an Ear Seed placement on your Shen Men, helping to support your overall well-being.

Elevated Ear Seeds

15 minutes \$55

Choose from an extended range of conditions to address with Ear Seeds, and focus on one key area for personalized care.

EXPERIENTIAL SPACE

Velvet Spa seamlessly blends advanced wellness technology with natural, earthy elements to create an immersive sanctuary that nurtures both body and mind.

Elevate your spa treatment by adding our signature wellness enhancement, designed to deepen relaxation, enhance therapeutic benefits, and create an even more restorative experience.

O2 Soaking Bath

30 minutes Single \$90 | 30 minutes Couple \$180

Submerge yourself in a serene Japanese-style warm bath, where oxygen-infused water deeply nourishes your skin, eases muscle tenderness, and enhances mobility. Whether unwinding after a day of exploration or before a spa treatment, this experience prepares your mind and body for rest and rejuvenation. Available for both individual and couples experiences. Enhance your soak with a CBD bath truffle for an additional \$20 per person.

WELLNESS COACHING

Whether you're looking to refine your current wellness routine or embark on a new journey toward better health, Velvet's personalized Wellness Consultations provide expert guidance tailored to your individual goals.

Holistic Wellness Experience

60 Minutes Single \$200 | 75 Minutes Couple \$250

Discover a personalized approach to sustainable wellness through this private experience. Together, we'll explore the foundations of movement, nutrition, mental and emotional wellbeing, and daily habits that support your lifestyle. Your session includes a personalized Wellness Blueprint, providing simple, sustainable strategies to help you cultivate greater energy, balance, and vitality.

COUPLES RITUALS

Velvet has curated a selection of experiences tailored for couples who want to enjoy special moments and spa time together

Note: All Prices are Per Person

Couples Escape

Swedish 90 minutes \$300 | 120 minutes \$405

Deep Tissue 90 minutes \$320 | 120 minutes \$425

Rediscover your bond in the cozy ambiance of Velvet's couples' suites. Begin your journey with a calming soak in our soothing Japanese soaking baths, followed by a rejuvenating full-body classic or deep tissue massage, designed to harmonize your connection and enhance the flow of energy between you both.

Ultimate Duo

90 minutes \$345 | \$395 (CBD)

For couples looking to indulge in pure luxury, we've crafted an unforgettable experience centered around your signature scent. This includes a rejuvenating scrub, soothing wrap, and a relaxing scalp and neck massage, followed by a full-body massage. Together, side-by-side, you'll be enveloped in deep relaxation and care, allowing you both to truly enjoy this special time together. For an added touch of wellness, you can enhance this experience with the therapeutic benefits of CBD for just \$60 per person.

Couples Massage

Starting at: 60 minutes \$210 | 90 minutes \$315

Strengthen the bond you share with your partner during a soothing side-by-side massage. Select treatments of the same type and length to create a synchronized, harmonious experience, focused on renewal and relaxation.

Couples Body Treatments

Starting at: 60 minutes \$220 | 90 minutes \$325

Treat yourselves to a nutrient-rich, hydrating body treatment, designed to repair the skin and calm the mind, all within the privacy of one of our couples' suites. Choose a treatment of the same type and length for a truly ritualistic and harmonious experience together.

Couples Energy

Starting at: 60 minutes \$215 | 90 minutes \$320

Embark on a journey of healing and connection as you and your partner explore the power of energy work together. Choose from one of our energy experiences, and reaffirm your collective intentions as a couple. This unique session will deepen your awareness of one another and strengthen the beautiful bond you share.



VELVET

SPA GUIDELINES

Arrival

Please arrive and check in at the Velvet Spa reception desk 15 minutes before your scheduled appointment to embark on an aroma journey, unwind in the outdoor dry sauna, and relax. Robes and slippers will be provided for your comfort during your time at Velvet.

Cancellations

Please contact the spa at least 48 hours prior to your service time if you need to reschedule or cancel your spa services to avoid a 100% cancellation fee.

Service Charge

To ensure you can fully unwind during your spa experience, an automatic 22% service charge will be included in your final bill.

Contact Velvet Spa Reception to book
your Sensory Spa Story

velvet@ambientesedona.com

928.239.4446



Ambiente, a Landscape Hotel
900 State Route 89A Sedona, AZ 86336
www.ambientesedona.com